



*Travel outside the United States*

My name is \_\_\_\_\_ and I am an au pair in \_\_\_\_\_  
*city and state*  
hosted by the \_\_\_\_\_ family.

I will be traveling to \_\_\_\_\_, departing on \_\_\_\_\_ and returning  
*date*  
on \_\_\_\_\_ . I will be traveling  with  without my host family. By signing this  
*date*  
form, my host family acknowledges my travel plans.

Checklist

- I have checked if I need a visa to enter the country I will be visiting.
- I have included a self-addressed stamped envelope.
- I am sending my DS-2019 form together with this form.

\_\_\_\_\_  
Au Pair Signature and Date

\_\_\_\_\_  
Host Mother/Father Signature and Date